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Milk Soapmaking: The Smart Guide To Making Milk Soap From Cow Milk, Goat Milk, Buttermilk, Cream, Coconut Milk, Or Any Other Animal Or Plant Milk (Smart Soapmaking Book 2)





Synopsis

SPECIAL NOTE! Anne L. Watson will personally answer any question of yours after reading this book. Ask on her web site, and you will normally hear back within hours! Do you love the feel of milk soaps but shy away from the cost? Are you looking for a special kind of gift you can make yourself? Or do you already make soap and want to try something new? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her soapmaking revolution with the first practical, comprehensive book on making milk soap from scratch. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it.

////////// Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington. ////////// "Beautiful in its simplicity. . . . A definitive book for experienced as well as beginning milk soapers." Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana "An easy to read and understand book that will take the mystery out of milk-based soapmaking and debunk some of the myths surrounding it. It contains some great basic formulas to get you started making milk soaps of any kind, and fuel to let your imagination run wild when you are ready to formulate your own creations. A good source of information for new soapmakers, and also suitable for more experienced soapmakers who want to start making milk soaps but thought it would be too difficult." Amanda Guilfoyle, Bodelicious Bath & Body Products, Ipswich, Queensland, Australia "As always, Anne is up to her usual excellence. This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap *easily*. LOVE this book!!!" Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "If you have an interest in milk soaps, this is the book for you. . . . Debunks much of the popular wisdom that may have discouraged some soapmakers." Kevin M. Dunn, Author, "Scientific Soapmaking" and "Caveman Chemistry" "As uber-soapmaker Anne L. Watson demonstrates, milk soaps made properly are [rightfully] well-known for a quality of luxurious buttery softness that is undeniable. . . . Anne once again acquits herself ably as a scholar

of the suds and a natural communicator. [Wishing Willow \(blog\)](#)
“Enthusiastically recommended.” [Midwest Book Review, Feb. 2009,](#)
“Reviewer’s Choice” [“Full of information that milk soapers, whether novice or experienced, could use to make better milk soaps. Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen. . . . Anne details what seems to be everything there is to know about the subject. Rather than simply offering her opinions and favorite practices, Anne did extensive testing and experimenting, learning how to make the best milk soap bars that could be made. Soapmakers will be impressed with the amount and quality of Anne’s research and observations. . . . That leaves the question: Can a neophyte make good cold-process milk soap? I now say yes, with the caveat they have Milk Soapmaking”](#)

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Customer Reviews

Once again, Anne Watson creates a wonderful, straight forward approach to what has long been

considered a complicated method. This book is the MUST have for anyone wanting to make milk soaps and is light years beyond Casey Makela's book on the same subject. I recommend this book for two major reasons:1) Watson discusses both liquid milk (what she calls the "cool technique") and powdered milk (the "warm technique") and offers excellent recipes and directions for both. Her method is very relaxed and while it is admittedly a hair more complex than regular CP soap, it's not nearly as complicated as some other books make it sound.2) Watson dispels the myths of milk soapmaking. This is HUGE. She goes through all of the myths about using milk from what type of milk you need to who can do it. Also, Watson is accessible through her website. I sent her a question not long ago and she responded to me within two days! How's that for asking the author? :)

I started making soap with Anne's Smart Soapmaking. After becoming comfortable with the basic process of soapmaking, I decided I wanted to expand my horizons and learn about milk soaps. This book does not disappoint. It's written in the same easy to follow manner as her first book...non-intimidating, very clear, very simple. Since I've started soapmaking, I've purchased books from other authors and I must say that if I would have started with those books, I probably would not have made a batch of soap at all, as a few that I have just don't seem to have the easy to follow instructions like this book has. Just a note, you don't have to start with Smart Soapmaking. This book is geared toward the beginner just as the other book is. So if you've never made soap before and you're more interested in milk soaps, then this book will have you making beautiful milk soaps in no time at all.

Being new to soap making I purchased three (3) books, Milk Soapmaking by Anne L. Watson, Soap Crafting By Anne-Marie Faiola, The Soap Queen and Basic Soap Making edited by Letcavage. I have reviewed the three and find that each of them has good information to offer. If you are looking for an easy to follow soap making book that is great for a beginner like myself I would recommend both Basic Soap Making by Letcavage and Soap Crafting by The Soap Queen as they have easy to follow instructions as well as pictures to follow along. The Basic Soap making book offers more explanation on types of oils and smells to showing you some common items that can be used to make soap. The Soap Crafting book provides easy to follow recipes as well as easy to follow instruction and explanations. I love not only the MANY recipes in this book but also the explanation on techniques used to get different designs in soap. In my opinion, these books complement each other very well or could be purchased separately. The Milk Soapmaking book is perfect for milk soap recipes as well as explanations; it is a straight read only book so if

you're looking for a picture explanation you will not get it. She does an excellent job of describing what texture you should look for however, if you like an example this book may be best as an accompaniment to one or both of the other books and not as a sole source.

I now use Anne's freezer method of preparing a yogurt/water mixture for soap making, and it is genius! It is perfect for mixing the yogurt/water with the lye and really shortens the time for the whole process. Anne has done lots of experimentation and record-keeping on many, many batches of milk-based soap which has allowed her to de-mystify and simplify the process, by eliminating unnecessary steps that other books swear by and tell you that you must do. In spite of Anne's caution against using the technique and the yogurt for other recipes, I do, and I have had success every time. I put yogurt in all of my recipes now using Anne's freezer method, and it produces wonderful soap, every time. My only problem with the book is that Anne lays out both the warm method and the cold method side-by-side over the course of several pages. I would rather have had them laid out separately so that each one takes up only a few pages, by itself (less page turning while working). I see no benefit to having them side-by-side, since you would never make them both at the same time, and who really cares how they compare with one another. The side-by-side layout is rather confusing, I think, and makes each process harder to follow than if each was simply laid out by itself. But the yogurt-parfait soap is perfection! If you are interested in trying to make milk, lye-based soap, you absolutely have to try that recipe! I would spray my mold with cooking spray, however, and put the mold into the freezer for 15 minutes before I unmold, and maybe even leave it in the mold for 48 hours. Milk-based soaps can be pretty soft to unmold.

I absolutely love this book. I am making a batch of the yogurt soap right now. It's in the freezer. This book is full of excellent recipes. Anne is a great teacher. I feel very confident making soap, and a lot of that is due to her straight forward advice. I have a lot of happy customers who are eagerly buying the new soaps for themselves and for gifts.

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